GREENFIELD — On July 23, Greenfield native Dan Bensen celebrated his marriage to college sweetheart Rachel Meyer with a wedding. Ten days later, he was again celebrating — this time, Greenfield Lightlife Triathlon’s Sprint Division championship.

Bensen cruised through the 32nd running of the event to finish in 1 hour, 8 minutes, 1.5 seconds to beat the field by more than three minutes Sunday morning at the Green River Swimming & Recreation Area.

This marked the second Greenfield Triathlon victory for Bensen, who in 2012 also took home the hand-carved wooden trophy done by race volunteer Rick Roy. But there was one major difference between that first victory and Sunday’s. Bensen’s weakest event is the 15.14-mile bike and 3.09-mile run was Conway’s Jessica Dacus was second in 1:30:56, while Seth Hatch, all the way from Nantucket, took third in 1:15:26.5.

The women’s winner of the .31-mile swim, which was actually canceled Sunday, was Northampton’s Carson Poe was competing on the triathlon team at the University of Vermont prior to his 2008 graduation. The Burlington, Vt., university is also where Bensen met his future bride. The two met at the University of Vermont prior to his 2008 graduation.

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This is just the friendliest, nicest course I’ve ever raced on. The uphill and downhill routes were used.

It’s a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time,” said Poe. “It was such a fantastic course, and such a good time.”

Jacquelyn Pierce from Mansfield was second in the women’s Sprint in 1:22:33.5, while Ann Hoynoski won the women’s 50-54 division, finishing the course in 1:42:02, while Colrain’s Judith Roberts was second in the men’s 40-44 division in 2:52:56, and Greenfield’s Keith Streeter was third in the men’s 55-59 division in 3:03:32.

There were nine local women to place top three in their age division. Shelburne Falls’ Seth Hoyoski won the 15-19 division in 2:09:43, while Greenfield’s Kyle Bissell took third in the men’s 35-39 division in 2:34:52. Noah Stone from Orange was second in the men’s 40-44 division in 2:22:35, while Greenfield’s Rich Clark was third in the men’s 55-59 division in 3:03:32.

There were four local women who finished in the top three in their respective age groups in the International competition. In the female 25-29 division, Northfield’s Danielle Lacavalla came in first in 1:33:04, while South Deerfield’s Rebekah Zimmerer was second in 1:31:15. In the female 45-49 division, Montague’s Amy Brown was second in 1:16:09, while in the female 50-54 division, Greenfield’s Lauren Cummife won in 1:37:01.

On the men’s side of the International competition, five local men placed in the top three in their age division. Shelburne Falls’ Seth Hoyoski won the 15-19 division in 2:09:43, while Greenfield’s Kyle Bissell took third in the men’s 35-39 division in 2:34:52. Noah Stone from Orange was second in the men’s 40-44 division in 2:22:35, while Greenfield’s Rich Clark was third in the men’s 55-59 division in 3:03:32.

There were nine local women to place top three in their age division of the Sprint. Northfield’s Emma Lindale was third in the 15-19 division in 1:47:08, while Sunderland’s Aiko Kajitura was third in the female 30-34 division in 1:48:35. In the 40-44 division, Conway’s Jessica Dacus was second in 1:39:56, while Greenfield’s Danielle Costa was third in 1:34:52. Greenfield’s Melissa Braughman won the 45-49 division in 1:43:26, while Montague’s Amy Johnson was third in 1:58:15. Greenfield’s Cathy Coutu won the women’s 60-64 division in 1:42:02, while Colrain’s Judith Roberts was third in 1:48:12. Joan Lapierre from Shelburne Falls won the women’s 65-69 division in 1:34:59.

On the men’s side of the Sprint, nine finished the 70th Invitational Four-Ball Match in three years for the Burdick-Kennedy tandem. Kennedy said he was pleased with the prize.

“Nate’s birdie was really nice,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy. “It was a great time,” said Kennedy.

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Triathlon: Nice day, local champs

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ished in the top three of their age division. Anderson brothers Noel (1:20:17) and Silas (1:43:59) from Ashfield took the top two places in the male 15-19 division. Greenfield's Paul Hake was second in the 30-34 division in 1:23:43, and Leverett's Chris Kusek was second in the men's 35-39 division in 1:23:29. Greenfield’s Garth Shaneyfelt was tops in the men's 40-44 division in 1:16:58, and Gill's John Shearer was second in the men's 45-49 in 1:22:45. Greenfield's James Flynn took third in the 55-59 division in 1:25:36, and Greenfield’s Chris Ethier, who organized the first Greenfield Tri, was second in the men's 65-69 division in 1:36:12. Bob Welsh from Shelburne Falls was the oldest competitor in the event and won the men's 70-plus division in 1:29:45.

The aforementioned Silas Anderson won the Patrick Bell Award, given to the youngest finisher in the Sprint Division. The award is named in memory of Greenfield native Bell, who began competing in triathlons in 1995 at age 13, his first being the Greenfield event. Bell went on to run many triathlons over the next 10 years before tragically passing away in 2005 at the age of 23 after completing the Ashland Lions Club Triathlon. Anderson's brother Noel won the award last summer. Silas also participated in the triathlon last summer but only did the swimming portion as part of a team. He said he decided he wanted to try the whole thing this summer as a 13-year-old.

“I just really wanted to do the whole thing because I saw Noel do it last year and I thought it would be fun,” Silas said. “Just doing one part of the race was too little.”

Husband-wife volunteers Dick and Ruth Henry were given the Robert “Nook” Burniske Award, given to a person who embodies the spirit of sportsmanship and has contributed to the Greenfield Triathlon or sports in Greenfield in a significant way. The award is in honor of Burniske, who competed in the event before passing away in 1990. The Henrys have been volunteering at the Greenfield Triathlon for well over a decade and have been involved in many other volunteer endeavors in town, including helping out with the fireworks.

James Jarvis of Manchester, Conn., runs down Plain Road in Greenfield Sunday during the 32nd annual Greenfield Lightlife Triathlon.